

# The City of Charleston, WV Winter Series

10th Annual

## Runs / Walks

**December 11 2016**

**January 8 2017**

**February 5 2017**

University of Charleston Parking Lot  
behind Pharmacy School  
Cherokee and Kanawha Ave



[www.cityofcharleston.org](http://www.cityofcharleston.org)

### Awards:

**Run**—Male / Female

Overall for fastest cumulative time in  
ALL 3 Runs per Age Divisions.

**Walk**—Top Male / Female

Fastest in cumulative time for all three Walks.  
Walk - NO Age Divisions.

**Snowbunny Run  
for Kids**

February 5, 2017 - 1:45pm

### WINTER SERIES Runs / Walks '16 / '17

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Phone: \_\_\_\_\_

Male: \_\_\_\_\_ Female: \_\_\_\_\_

Walk: \_\_\_\_\_ Run: \_\_\_\_\_

#### Age Divisions:

14 & under	15—19
20—29	30—39
40—49	50—59
60 - 69	70 & Over

Wheelchair \_\_\_\_\_

Age: \_\_\_\_\_ Birth Date: \_\_\_\_\_

**Same Day Registration** (Each Event) \$25.

**Advanced Registration** (By Dec.5, '16)  
(3 Events) \$50.

**STUDENTS** (3 Events) \$25. (School) \_\_\_\_\_

**City of Charleston Employee**

**PAID:** CHECK \_\_\_\_\_ CASH \_\_\_\_\_

Online Registration [www.TriStateRacer.com](http://www.TriStateRacer.com)

**ONLINE Registration CLOSES: December 5, 2016**

#### Waiver:

I, the undersigned, waive and release myself, my heirs, executors, and administrators, any and all rights and claims for damages, demands, and any other actions whatsoever, which I may have against all participating sponsors and supporters and The City of Charleston, arising out of my participation in this event, including all injuries, including death suffered me as a result of my participation in this event. I consider myself adequately trained for the completion of this event. Should I suffer an injury or illness, I authorize officials of this event to use their discretion to have me medically treated and transported to a medical facility. I also authorize the sponsors to use any photographs or video taken of me to be used in any promotional materials.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent/ Guardian Signature Required If Under 18 years of Age:  
\_\_\_\_\_

1000 meters = .62 miles

Please Check All That Applies:

**Sunday, December 11, 2016**

Run / Walks Begin 2:00pm

\_\_\_\_\_ 5000 M Run (3.1mi)

3000 M Walk (1.8mi) \_\_\_\_\_

Collecting TOYS for **WCHS Tower of Toys**

**Sunday, January 8, 2017**

Run / Walks Begin 2:00pm

\_\_\_\_\_ 8000 M Run (4.9mi)

4000 M Walk (2.4mi) \_\_\_\_\_

**Sunday, February 05, 2017**

Run / Walks Begin 2:00pm

\_\_\_\_\_ 10,000 M Run (6.2mi)

5000 M Walk (3.1Mi) \_\_\_\_\_

#### Race Course Start:

Begins at University of Charleston @  
Cherokee and Kanawha Avenues.  
Flat, easy course. Course will be marked.  
Map provided at each Walk/ Run event.

**Finish:** Cherokee Ave (UC Parking Lot)

All Runners / Walkers that  
**FINISH All Three Events**

Will receive a Hooded Sweatshirt

**Adult: S M L XL XXL**

**Please circle Sweat Shirt size !!!!**

We must have SIZE to order.

Send Completed Application and Check to:

**Charleston Parks and Recreation**  
Attn: Winter Series

**200 Baker Lane**  
**Charleston, WV 25302**

Must be Received by: **December 7, 2016**